



Post-Anesthesia Instructions

Observe the patient closely for the next 12 hours. **DO NOT** allow patients drive, Operate machinery, or make legally binding decisions.

Try to keep the patient alert for the first hour after anesthetics. Talking with the patient is helpful.

Nausea or vomiting may occur after the anesthetics, especially if the patient tries to eat too soon. The patient may take liquids and soups 2-3 hours after anesthesia or when fully awake. The patient may take prescribed medications with a sip of water prior to that. Do not allow the patient to use a straw for two to three days.

No alcohol is to be taken for at least 24 hours. No smoking for two to three days.

Discomfort, bruising, or redness may occur at the intravenous medication site. If this occurs, elevate the arm, apply moist heat to the site (15 minutes on and 20 minutes off), and take aspirin. If discomfort persists over 3 days, call Dr. _____.

If the patient feels dizzy or faint, have the patient lie down with legs slightly raised for several minutes.

*If you have any questions or problems arise, contact the office immediately.

Phone: 360-695-2400